

Aerobic Dance

with Carolyn Tripp



Delaney Elementary School
Cafeteria

120 Taunton St - Wrentham

Aerobic Dance - provides a fun, safe, and effective workout. Classes designed for all levels. Basic dance steps are choreographed to popular hits from all music eras.

Bring mat, sneakers and water

Register or Questions

Carolyn Tripp 508-463-7893

hat1010@comcast.net

\$95

Winter 7-week Session

Starts January 3, 2022
Mondays & Wednesdays

6:30 - 7:30 PM

Winter
2022

Offered by
Wrentham Recreation Dept