

Sponsored by Wrentham Recreation

Aerobic Dance

with Carolyn Tripp

Fall
2024

Aerobic Dance - provides a fun, safe, and effective workout. Classes designed for all levels. Basic dance steps are choreographed to popular hits from all music eras.

Bring mat, sneakers, and water.

Fall 13-week Session

Starts September 9, 2024

Monday and Wednesday

6:30 - 7:30pm

Roderick Elementary School Cafeteria

120 Taunton St - Wrentham

**** Note**** Sept 9th & 18th class
will be held at Delaney
Elementary School Cafeteria

Mark the date!

\$175



Registration or Questions:

Contact Carolyn Tripp

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