## Aerobic Dance with Carolyn Tripp

Spring 2024

Aerobic Dance - provides a fun, safe, and effective workout.

Classes designed for all levels. Basic dance steps are choreographed to popular hits from all music eras.

Bring mat, sneakers, and water.

Spring 10-week Session

Starts March 11, 2024

Monday and Wednesday

6:30 - 7:30pm

Delaney Elementary School Cafeteria

120 Taunton St - Wrentham

Registration or Questions: Contact Carolyn Tripp 508-463-7893 hat1010@comcast.net

wrenthamma.myrec.com

