## Aerobic Dance with Carolyn Tripp 2022



Rice Recreation Complex - Basketball Courts
54 Emerald St - Wrentham

Aerobic Dance - provides a fun, safe, and effective workout. Classes designed for all levels. Basic dance steps are choreographed to popular hits from all music eras.

Bring mat, sneakers and water

Click link below to register:

**WRENTHAMMA.MYREC.COM** 

ONLINE REGISTRATION REQUIRED

Register for entire session

For Questions and Info Contact: Ladams@wrentham.gov Carolyn Tripp 508-463-7893

## FREE

July 13 - August 17, 2022 Summer 6-week Schedule

Wednesday Nights

6:00 - 7:00 PM

Funding provided thanks to a grant from the Sweatt Fund



Offered by Wrentham Recreation Dept